

**CENTER OF EXCELLENCE
RAMÓN Y CAJAL UNIVERSITY HOSPITAL**

**IV COURSE ON THERAPEUTIC APPROACH TO
RESISTANT DEPRESSION**

Madrid, April 9, 2025



Aula Joaquín Ortuño
External Consultation Pavilion, 1st floor
Hospital Universitario Ramón y Cajal

COURSE DIRECTOR

Dr. Ángela Ibáñez
Head of Psychiatry Department
Ramón y Cajal University Hospital

SPEAKERS

- **Dr. Jorge Gómez-Arnau Ramírez**
Coordinator, Barajas Mental Health Center, Psychiatry
Department, H.U. Ramón y Cajal
- **Dr. Daniel Hernández**
Psychiatrist, Psychiatry Department, H.U. Ramón y Cajal
- **Dr. Ángela Ibáñez**
Head of Psychiatry Department, H.U. Ramón y Cajal
- **Dr. José Manuel Montes**
Head of Psychiatry Section, H.U. Ramón y Cajal
- **Ana María Piedrafita Sañudo**
Specialist Nurse in Mental Health, Psychiatry Department,
Ramón y Cajal University Hospital

PROGRAM

11:00 – 11:15 h.

**Welcome and Introduction
Dr. Ángela Ibáñez**

11:15 – 11:45 h.

**Treatment Resistant Depression: Conceptualization and
Therapeutic Approach. The Role of New Antidepressants in
Clinical Practice
Dr. José Manuel Montes**

11:45 – 12:15 h.

**Treatment Resistant Depression and Its Management in
Mental Health Centers
Dr. Jorge Gómez-Arnau**

12:15 – 12:45 h.

**Non-Pharmacological Treatments in Resistant Depression
and Advances in Research
Dr. Daniel Hernández**

12:45 – 13:45 h.

LUNCH BREAK

13:45 – 14:15 h.

**Multidisciplinary Nursing Care: Supporting Psychiatrists in
the Implementation of Novel Therapies in a Resistant
Depression Program
Ana María Piedrafita**

14:15 – 15:15h.

Clinical Case Discussions

Questions & Answers

**Dr. Jose Manuel Montes, Dr. Jorge Gómez-Arnau, Dr. Daniel
Hernández, Dr. Ángela Ibáñez**

15.15 – 16.15h.

COFFEE BREAK

Visit to the program setting: Dr. Ángela Ibáñez, Ana Piedrafita

16:15 – 16.30h

Conclusions and Closing Remarks

Dr. Ángela Ibáñez

**ORGANIZED BY: Psychiatry Department
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